This activity director training course is a **home study self-paced training** offering the basic knowledge to fulfill the role of the activity director as defined in the state and federal requirements for nursing facilities/long term care. Delivered in a self-paced home study format, this program is designed to allow students to complete the training at their own pace! **Please Note: This course is intended for activity directors in OREGON nursing homes only.**

This training will explore all aspects of directing a successful activity department in long term care settings. Activity Directors can enroll and begin the training program anytime! This course will provide the student with a basic understanding of documentation, implementing successful programs, meeting the individual needs of all residents, leadership skills, and professional networking. Course content is delivered through multiple avenues including overall analysis of activity program, client/resident interaction, onsite experience, homework assignments and research.

**Program Includes:**

- State and Federal Requirements for Activity Services
- Activity Program Planning and Analysis including creative and meaningful activities for groups and individuals
- Activity Services Roll in Resident Quality of Life
- Resident Care Planning Process and Communication
- Medical Terminology, Documentation Skills, Orientation to Medications, and Behavior Side-Effects
- Clinical Record Documentation and Taking Histories
- Physical and Behavioral Changes Associated with the Aging Process
- Ethics for the Care Provider; Confidentiality

Once enrolled, students have **6 months** from program start date to complete this training course (start date is considered to be one calendar week from when Instructor has mailed materials packet). If the training course is not completed within 6 months of initial contact with instructor, the student forfeits the training fee & must re-enroll in order to complete the training program.

**How this Works:**
Once you have submitted your registration form & payment, you will be sent your materials packet via mail or fax. You then have 6 months to complete the materials packet & return it to the instructor. Once verified by the instructor, you are complete! The instructor is available for questions and guidance throughout your 6 months.

**Guidelines:**
This course meets the training requirements of OAR 411-086-0230(1)(a)(D) (Activity Services) for Nursing Facility Activity Directors and covers all required topics under OAR 411-086-0230 Exhibit B6-1: 36-Hour Activities Workshop Required Curriculum.

**Cost:**
- OHCA Members: $250/person
- Non-Members: $350/person

**Additional Materials:**
Students will need access to the following publications. Purchase of books and additional resources will be the responsibility of the student:
- Activities Keep Me Going and Going Volume A 2nd Edition
- RAI Manual for MDS 3.0 (Primarily Chapters 3 and 4 and Appendices C and D)

**Facilitated by:**
Theresa Thorland, MS, MA, CTRS, ACC, Owner, Activity Director Certification Services

**For More Information**
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(503) 726-5227
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Payment in full must be received before home study program is initiated. No refunds given once materials have been sent to student by instructor. Once enrolled students have 6 months from program start date to complete this training course (start date is considered to be one calendar week from when Instructor has mailed materials packet). If the training course is not completed within 6 months of initial contact with instructor, the student forfeits the training fee & must re-enroll in order to complete the training program.